



## The Limestone Lending Library: HELP for Parents!

Parents of Limestone District School Board can borrow a variety of parenting books, free of charge. Scan the QR code or click: [www.limestone.on.ca/lending\\_library](http://www.limestone.on.ca/lending_library) for the book list and place your order. Books are delivered & returned through your child's school.

Here's a small sample of some of the titles we have:

Girls on the Edge  
Boys Should be Boys  
Inside the Teenage Brain (DVD)  
Teenage as a Second Language  
Discipline Without Tears

Autism Life Skills  
The ADD & ADHD Answer Book  
Disability Community & Society

Difficult Conversations  
I'd Listen to my Parents if They'd Just Shut Up  
The Difficult Child  
Parent Effectiveness Training



Parenting the Social Media Generation  
The Teen Owner's Manual  
Helping Your Teen Overcome Depression

The Complete Single Mother  
How to be a Good Divorced Dad  
Raising Adopted Children  
Teen Stress and Distress  
The Anxiety Book

Raising Healthy Eaters  
Bullying Prevention  
Straight Talk about Cyber Bullying

Guiding Your Child Through Grief  
Victory Over Verbal Abuse  
Teen Stress and Distress  
The Anxiety Book



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